

Race No	First Name	Last Name	Race Entered	Swim Cap	Race Category
1	Christopher	Aldrich	Y Crochan	Red	O
2	Bryan	Allen	Sospan Fach	White	O
3	Robert	Bailey	Sospan Fach	White	O
4	Alistair	Bell	Sospan Fach	White	O
5	James	Bevan	Y Sospan	Yellow	O
6	Joshua	Blackmore	Sospan Fawr	Pink	O
7	Catherine	Bladon	Sospan Fawr	Pink	F
8	geraldine	Blake	Sospan Fach	White	F
9	macy	blue	Sospan Fach	White	F
10	Debbie	Bowen	Y Crochan	Red	F
11	James	Bowes	Sospan Fach	White	O
12	Liam	Bradley	Y Crochan	Red	O
13	Michael	Bulpitt	Sospan Fawr	Pink	O
14	Paul	Bunyan	Sospan Fach	White	O
15	Caio	Burt	Sospan Fach	White	O
16	Kevin	Burton	Sospan Fach	White	O
17	Alex	Chase	Sospan Fawr	Pink	O
18	Emily	Christopher	Y Crochan	Red	F
19	FELICITY	CLARK	Y Sospan	Yellow	F
20	paul	colman	Sospan Fach	White	O
21	Catrin	Convery	Sospan Fach	White	F
22	Matthew	Cox	Y Sospan	Yellow	O
23	Sean	CROCKER	Y Sospan	Yellow	O
24	Ffion	Crooks	Sospan Fach	White	F
25	Kevin	Dalling	Y Sospan	Yellow	O
26	Karen	Davies	Y Crochan	Red	F
27	Neil	Davies	Sospan Fach	White	O
28	Sian	Davies	Y Sospan	Yellow	F
29	Sharon	Delahaye	Y Crochan	Red	F
30	Mike	Edwards	Y Crochan	Red	O
31	Mark	Edwards	Y Sospan	Yellow	O
32	David	Evans	Y Crochan	Red	O
33	Rhodri	Evans	Y Crochan	Red	O
34	Ria	Evans	Y Sospan	Yellow	F
35	Jake	Fearn	Y Crochan	Red	O
36	Chloe	Finn	Y Sospan	Yellow	F
37	Mark	Finn	Y Sospan	Yellow	O
38	Antony	Fitter	Y Crochan	Red	O
39	Stephen	Ford	Y Crochan	Red	O
40	Catrin	Ford	Sospan Fach	White	F
41	Rhys	Francis-Hopkins	Sospan Fach	White	O
42	Glyn	Gainard	Sospan Fach	White	O
43	muriel	Gallan	Y Sospan	Yellow	F
44	Mathew	Giles	Sospan Fawr	Pink	O
45	Dale	Grey	Y Sospan	Yellow	O
46	Craig	Griffiths	Sospan Fach	White	O
47	Julian	Halcox	Y Crochan	Red	O

48	Amy	Harries	Y Sospan	Yellow	F
49	Hayley	Harris	Y Crochan	Red	F
50	james	harrison	Sospan Fawr	Pink	O
51	Anthony	Harrison	Sospan Fawr	Pink	O
52	Rhiannon	Heredia-Rowe	Sospan Fach	White	F
53	Elizabeth	Higgins	Sospan Fach	White	F
54	Mandy	Jack	Sospan Fach	White	F
55	Alun	James	Y Crochan	Red	O
56	Llyr	Jenkins	Y Crochan	Red	O
57	Nicola	jones	Y Crochan	Red	F
58	Rhodri	Jones	Sospan Fach	White	O
59	Emma	Jones	Sospan Fach	White	F
60	Gareth	Jones	Y Sospan	Yellow	O
61	Sara	Jones	Y Crochan	Red	F
62	Ceri	Jones	Sospan Fawr	Pink	O
63	Ffion	Jones	Sospan Fach	White	F
64	Bethan	Jones	Sospan Fach	White	F
65	julia	jones	Sospan Fach	White	F
66	Richard	Landon	Sospan Fawr	Pink	O
67	Elspeth	Lewis	Y Crochan	Red	F
68	Sian	Lewis	Sospan Fawr	Pink	F
69	Hefin	Lloyd	Sospan Fawr	Pink	O
70	Alice	Luther	Y Crochan	Red	F
71	Penny	Maisey	Sospan Fach	White	F
72	Peter	Malough	Y Crochan	Red	O
73	Stephen	Mills	Y Crochan	Red	O
74	Emma	Mills	Y Crochan	Red	O
75	Thomas	Mills	Sospan Fach	White	O
76	James	Moore	Sospan Fach	White	O
77	Nicola	Morgan	Y Crochan	Red	F
78	Reuben	Morgan	Y Crochan	Red	O
79	Ben	Morgan	Y Crochan	Red	O
80	Nigel	Morgan	Sospan Fawr	Pink	O
81	Phillip	Morgan	Y Crochan	Red	O
82	Linda	Morgans	Sospan Fach	White	F
83	Guto	Morgans	Y Crochan	Red	O
84	Taniya	Morris	Y Crochan	Red	F
85	Chris	Morris	Sospan Fach	White	O
86	Iwan	Norman	Sospan Fach	White	O
87	Joe	O'Shea	Y Crochan	Red	O
88	Daniel	Otteson	Sospan Fach	White	O
89	Hugh	Pascoe	Y Crochan	Red	O
90	Cindy	Peake	Y Crochan	Red	F
91	Neve	Pennell	Sospan Fawr	Pink	F
92	Finley	Phillips	Y Sospan	Yellow	O
93	simon	phillips	Y Sospan	Yellow	O
94	Ffion	Philpott	Sospan Fach	White	F
95	Nicola	Powell	Sospan Fach	White	F

96	Evan	Powell	Sospan Fach	White	O
97	Elis	Powell	Sospan Fach	White	O
98	Seren-Louise	Price	Sospan Fach	White	F
99	Arianna	Protheroe	Sospan Fach	White	F
100	Ffion	Randell	Y Sospan	Yellow	F
101	Anna	Rees	Sospan Fawr	Pink	F
102	Steven	Rees	Sospan Fawr	Pink	O
103	Donna	Rees	Y Sospan	Yellow	O
104	John	Rich	Y Crochan	Red	O
105	Elinor	Rich	Sospan Fach	White	F
106	Angharad	Rowe	Sospan Fach	White	F
107	Stephen	Rowlands	Sospan Fawr	Pink	O
108	Gemma	Starks	Sospan Fach	White	F
109	Jodie	Swallow	Y Crochan	Red	F
110	Rebecca	Sykes	Y Crochan	Red	F
111	Jenny	Tanner	Sospan Fach	White	F
112	violet	thomas	Sospan Fach	White	F
113	Gavin	Thomas	Y Crochan	Red	O
114	Richard	Thomas	Y Sospan	Yellow	O
115	Iestyn	Thomas	Y Crochan	Red	O
116	Marc	Tiplady	Y Crochan	Red	O
117	Llyr	Tiplady	Sospan Fach	White	O
118	Jennifer	Truelove	Sospan Fach	White	F
119	phillip	turner	Y Crochan	Red	O
120	Lisa	Tustin	Y Crochan	Red	F
121	Mike	Tynan	Y Crochan	Red	O
122	Ally	Wadeward	Sospan Fach	White	F
123	Shane	Watkins	Y Crochan	Red	O
124	Christopher	Waygood	Sospan Fach	White	O
125	Chris	Williams	Sospan Fach	White	O
126	Christopher David	Williams	Sospan Fawr	Pink	O
127	Heath	Williams	Y Crochan	Red	O
128	Thomas	Williams	Sospan Fach	White	O
129	Caryl	Williams	Sospan Fawr	Pink	F
130	Cathryn	Williams	Y Crochan	Red	F
131	Kieran	Williams	Y Crochan	Red	O
132	Matthew	Williams	Y Crochan	Red	O
133	Anthony	Wilson	Sospan Fach	White	O
134	Joshua	Winter	Sospan Fawr	Pink	O