



Ammanford Junior Aquathlon 2016

June 25th 2016 – 3:00pm Start
Ammanford Leisure Center



COURSE DETAILS – 8yr olds have to complete Course 1, all other athletes can choose between the two course options

Course Options	Swim	Run
Course 1	50m	600m
Course 2	200m	1.5km

This event is not timed and purely for Fun
Medal to all Finishers

ONLINE ENTRY @ www.healthylifeactivities.co.uk



@HL_Activities

Forename : _____ Surname : _____ M / F : _____
Address : _____ County : _____ Post Code : _____
D.O.B : _____ Age (on 31/12/2016) : _____ Mob : _____
Email : _____
(We will only be communicating via email with athletes, please print clearly)
Club : _____ School : _____
Race Course (please circle) : COURSE 1 COURSE 2
Have you taken part in one of our events before ? Yes / No

ALL RACE INFORMATION WILL BE ON OUR WEBSITE – NO RACE PACKS POSTED OUT

Entry Fee : £10.00 £1.00 for a Race Day Licence

Cheques Payable to : Healthy Life Activities. Return Entry to : 111 Penygarn Rd, Tycroes, Ammanford, SA18 3PF

Disclaimer : Declaration of Parent / Guardian I declare that the above named person is to take part in this event. I understand that they participate entirely at their own risk, and relieve the organising club, race referee, the race organisers/personnel, of any responsibility for injury, loss or damage sustained to either their person or property as a result of participation howsoever caused. I agree to abide by the rules of the British Triathlon Federation. I, or another responsible adult, will accompany my child at the event. I/We agree to abide by the British Triathlon Child Protection Guidelines and understand that any behaviour that contravenes these rules could lead to my exclusion from attending further British Triathlon sanctioned events. I consent for these details to be held on computer for the purposes of race organisation, results and the distribution of other related Triathlon news that may be of use to me/ the participant I am accompanying. Details given will not be forwarded to any other organisation or used for any other purpose.

Signed by Parent/Guardian : _____ **Date :** _____