

Race No	Forename	Surname	Gender	Cat	Club
341	Jo	Ablett	F	F40	
342	Ludwig	Balenghien	M	MS	
343	Sue	Bathgate	F	F70	Cheltenham Tri
344	Tim	Buckley	M	MS	N/A
345	Joanna	Callan	F	FS	
346	Jonathan	Carrick	M	M40	Celtic Tri
347	Ray	Castle	M	MS	Swansea Bay Tri
348	Ben	Chapman	M	MS	ATAC
349	Gemma	Chapple	F	F40	
350	Lauren	Chilton	F	FS	
351	Michael	Collier	M	MS	Nine
352	Gemma	Collingsy	F	M40	Chippenham Tri
353	Chris	Cray	M	MS	Burns Flyers
354	Darren	Creed	M	M40	
355	Richard	Crossland	M	MS	
356	MATTHEW	DARK	M	M40	Risc@Tri
357	Sian	Davies	F	FS	
358	Rosie	Davies	F	F40	Cardiff Tri
359	Neil	Davies	M	M40	Rhondda Tri
360	James Thomas	Davies	M	M50	Celtic Tri
361	Melanie	Davies	F	FS	
362	David	Descamps	M	MS	
363	Martin	Evans	M	M50	Team Cemias
364	Lisa	Evans	F	FS	
365	Karen	Foley	F	F40	
366	Catrin	Ford	F	FS	Nathan Ford Tri
367	Richard	Greaves	M	M40	HK Dragons
368	Monique	Green	F	F40	
369	Simon	Green	M	M40	
370	Rob	Gregory	M	M40	
371	Osian	Griffith	M	M40	Pontyclun Tri C
372	Gerwyn	Harris	M	MS	
373	David	Hearing	M	M40	Cheltenham Tri
374	Tom	Hennessy	M	MS	
375	Paige	Horsnell	F	MS	Rhondda Tri
376	Ian	James	M	M40	
377	HENLEY	JENKINS	M	M40	Aim2tri
378	Edwyn	Jenkins	M	M50	Cycle Specific
379	Carwyn	Jones	M	MS	N/A
380	Sior	Jones	M	M40	Rushacre
381	John	Kehoe	M	M50	N/A
382	Richard	Landon	M	MS	Tinworks tri
383	Gareth	Lee	M	MS	Tinworks Tri
384	Molly	Lewis	F	FS	
385	Brian	MacEntee	M	M40	
386	Louise	Maguire	F	F40	
387	Scott	Malson	M	MS	None
388	Geraint	Mansfield	M	MS	

389	Emily	Marchant	F	FS	Fit4Tri
390	Jordan	Marinaccio	M	MS	
391	Linda	May	F	FS	
392	Sara	Morgan	F	F40	Taff Ely Tri
393	Claire	Morgan	F	F50	
394	Josh	Morgan	M	MS	Nathan Ford Tri
395	Rhodri	Morgans	M	MS	
396	David	Mort	M	MS	Cardiff triathl
397	David	Moxham	M	M50	Chippenham Tri
398	Helen	Murray	F	F40	Tenby Aces
399	Mathew	Newman	M	M40	Rushacre
400	MATTHEW	O'Brien	M	M40	Risca Tri
401	Chris	Orr	M	MS	
402	Gail	Osborne	F	F40	Taff Ely
403	Stephen	Osborne	M	M50	Taff Ely
404	Richard	Packer	M	MS	
405	David	Perkins	M	MS	
406	Steve	Pryke	M	M60	Pembrokeshire
407	Andrew	Quirk	M	M40	
408	Rebecca	Rees	F	F40	Merthyr Tri Clu
409	Chris	Rees	M	MS	trizone
410	Mark	Rooke	M	M40	Rhondda tri
411	Rodney	Savage	M	M50	Cardiff triathl
412	Jonathan	Scarr	M	MS	
413	Jason	Sheppard	M	M50	
414	Julian	Sheppard	M	M40	
415	Alice	Spurr	F	FS	Southampton Uni
416	Nick	Stevenson	M	MS	Tinworks Tri
417	Christopher	Stone	M	MS	Run4All Neath
418	Simon	Tee	M	M50	NEWT
419	Gareth	Thomas	M	MS	
420	Philip	Thomas	M	MS	Rhondda Tri
421	Alan	Thomas	M	M50	Llanelli Tri
422	Michael	Thomas	M	M40	Bynea CC
423	Stuart	Wallace	M	MS	SWYD Tri club
424	Colin Richard	Wallace	M	M50	Merthyr Cycling
425	Rhodri	Waters	M	M40	Waters United
426	Hayley	Welch	F	F40	
427	Simon	White	M	MS	
428	Steven	Wilkinson	M	M50	celtictri
429	Iwan	Williams	M	MS	CSSC
430	Jonathan	Williams	M	M40	rushacre
431	David	Williams	M	M40	Celtic Tri
432	Caryl	Williams-Ford	F	F40	Bynea
433	Andrew	Wilson	M	MS	Cardiff Tri
434	Team Thomas			RT	Rhondda Tri
435	Helen	Colley	F	F40	Taff Ely Tri
436	Kieran	Rees	M	MS	

437	lestyn Rhys	Evans	M	MS	Emlyn Flyers
438	TINWORKS	RT			
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