

Race #	Wave	First Name	Last Name	Category	Age Group
1	1	Lewis	Allen	O	20-39
2	2	lynch	alys	F	50-59
3	1	Matt	Anthony	O	20-39
4	3	Nick	Armstead	O	40-49
5	2	Brigid	Armstead	F	40-49
6	1	Fynn	Armstrong	O	17-19
7	1	Desmond	Astley	O	60-69
8	1	RHIANON	ASTLEY	F	60-69
9	4	Mathew	Atkins	O	50-59
10	2	Rachel	Avon	F	20-39
11	3	Craig	Ayers	O	40-49
12	2	Jennifer	Aylward	F	50-59
13	1	Joseph	Bailey	O	20-39
14	1	Ellis	Banner	O	20-39
15	2	Ffion	Barham	F	20-39
16	1	Sarah	Barham	F	60-69
17	4	Rob	Barker	O	50-59
18	2	Julia	Barker	F	50-59
19	1	Isaac	Barry	O	15-16
20	1	James	barton	O	20-39
21	1	Michael	Battersby	O	60-69
22	1	Lorenz	Baumgartner	O	17-19
23	1	Josh	Benjamin	O	20-39
24	4	Anthony	Bennett	O	50-59
25	3	adam	bere	O	40-49
26	3	Nathan	Bevan	O	40-49
27	1	Lewis	Bevan	O	20-39
28	4	huw	bevan	O	50-59
29	1	Martyn	Bidwell	O	60-69
30	1	jamie	biggs	O	20-39
31	3	Miklos	Biro	O	40-49
32	3	JAY	BLACHARD	O	40-49
33	3	Nathan	Blackwell	O	40-49
34	4	Dyfed	Bolton	O	50-59
35	1	Gemma	Borley	F	20-39
36	1	Andy	Bostock	O	60-69
37	2	Miranda	Bowen	F	50-59
38	1	Fin	Bowie	O	20-39
39	1	Samuel	Bowring	O	20-39
40	4	Richard	Bracken	O	50-59
41	4	Richard	Brady	O	50-59
42	3	Darren	Brown	O	40-49
43	1	Jason	Browning	O	20-39
44	3	Paul	Bunyan	O	40-49
45	1	Hannah	Burke	F	20-39
46	1	JOSHUA	BURNS	O	20-39
47	2	Mike	Burrows	O	70-79

48	2	Trish	Butchers	F	50-59
49	3	Richard	Callaghan	O	40-49
50	1	Jill	Carlin	F	60-69
51	2	Paul	Carman	O	70-79
52	4	Robert	Carr	O	50-59
53	4	Simon	Cartlidge	O	50-59
54	2	Lucy	Chieffo	F	20-39
55	2	Anna	Ciolek	F	40-49
56	2	FELICITY	CLARK	F	40-49
57	3	David	Clarke	O	40-49
58	2	Mathew	Clarke	O	20-39
59	1	Madison	Clarke	F	20-39
60	1	Josh	Cleave	O	15-16
61	2	Megan	Clements	F	20-39
62	3	Michael	Coffey	O	40-49
63	4	Martin	Cole	O	50-59
64	2	Amy	Collings	F	20-39
65	1	paul	colman	O	60-69
66	3	John	Connolly	O	40-49
67	2	Taliesin	Coombes	O	20-39
68	1	Matthew	Cox	O	17-19
69	4	Stephen	Coy	O	50-59
70	4	John	Cregg	O	50-59
71	1	Eloise	Crowley	F	40-49
72	2	Piers	Crozier	O	20-39
73	1	James	Curtis	O	17-19
74	1	Laura	Daniels	F	20-39
75	3	Rhys	Dart	O	40-49
76	3	Stuart	Davies	O	40-49
77	1	Daniel	Davies	O	20-39
78	4	Edward mark	Davies	O	50-59
79	1	Nia Elen	Davies	F	20-39
80	3	Barry	Davies	O	40-49
81	2	Sara	Davies	F	50-59
82	3	Mark	Davies	O	40-49
83	3	Martin	Davies	O	40-49
84	2	Nathan	Davies	O	20-39
85	4	Michael	Davies	O	50-59
86	4	James	Davies	O	50-59
87	3	Dafydd	Davies	O	20-39
88	1	Steven	Davies	O	60-69
89	3	Geraint	Davies	O	40-49
90	1	Adam	Davies	O	40-49
91	1	Daniel	Davies	O	17-19
92	4	Barri	Davies	O	50-59
93	4	Arwel	Davies	O	50-59
94	3	Adam	Davies	O	20-39
95	1	Adam	Davies	O	20-29

96	4	Robert	de Schoolmeester	O	50-59
97	4	Michael	de voil	O	50-59
98	2	Kathryn	Deverson	F	20-39
99	1	archie	Dilks	O	20-39
100	3	Daniel	Doughty	O	40-49
101	2	Lisa	Dowler	F	40-49
102	3	Tomos	Dugmore	O	20-39
103	2	Nia	Dunseath	F	50-59
104	4	Angus	Dunseath	O	50-59
105	2	Amy	Durrant	F	20-39
106	3	Michael	Eagling	O	20-39
107	2	Janet	Ebenezer	F	40-49
108	3	Cai	Edwards	O	20-39
109	1	Bleddyn	Edwards	O	50-59
110	1	Dean	Edwards	O	60-69
111	1	Cheryle	Edwards	F	60-69
112	3	Tomos	Edwards	O	20-39
113	2	Hayley	Edwards-Potts	F	40-49
114	3	Sam	Ekstrom-Gabb	O	20-39
115	1	Richard	Elgar	O	20-39
116	2	Emily	Ellis	F	20-39
117	1	Rhys	Emanuel	O	17-19
118	3	Rhys	Evans	O	20-39
119	4	owen	evans	O	40-49
120	4	Clive	Evans	O	50-59
121	4	Alastair	Evans	O	40-49
122	4	Tank	Evans	O	50-59
123	3	Jake	Fearn	O	20-39
124	3	Charlie	Felstead	O	20-39
125	4	Alan	Flear	O	40-49
126	4	Dave	Floyd	O	40-49
127	2	Ruth Adele	Francis	F	50-59
128	2	Tia	Froom	F	20-39
129	2	Natalie	Fulstow	F	40-49
130	2	Rachel	Gabb	F	40-49
131	1	Ian	Gaffney	O	20-39
132	3	Nino	Gatti	O	20-39
133	4	Marc	Geary	O	50-59
134	3	Nathan	George	O	20-39
135	3	Daniel	George	O	20-39
136	2	Phillip	Gibbon	O	70-79
137	1	Jacqueline	Gibbons	F	60-69
138	1	Timothy	Gibbons	O	20-39
139	3	Huw	Gibbs	O	20-39
140	4	Jonathan	Giddy	O	40-49
141	3	Matthew	Goodman	O	20-39
142	3	Daniel	Grace	O	20-39
143	4	James	Graham	O	40-49

144	2	Awen	Gravell	F	20-39
145	2	Rhiannon	Gravell	F	50-59
146	2	Laura	Grey	F	20-39
147	1	Harry	Griffiths	O	17-19
148	4	Michael	Griffiths	O	40-49
149	4	darren	griffiths	O	40-49
150	3	Ellison	Griffiths	O	20-39
151	2	Lara	Griffiths	F	20-39
152	1	Dylan	Gwynne-Jones	O	17-19
153	3	Huw	Hamer	O	20-39
154	1	Millie	Hannant	F	17-19
155	3	Jason	Hanson	O	20-39
156	1	Rhys	Harries	O	40-49
157	4	Robert	Harries	O	40-49
158	3	James	Harries	O	20-39
159	4	Michael	Harris	O	40-49
160	2	Lowri	Harris	F	40-49
161	4	Anthony	Harrison	O	40-49
162	4	james	harrison	O	40-49
163	4	Jonathon	Hatfield	O	50-59
164	4	Rhys	Hawkes	O	40-49
165	3	Sam	Hayes	O	20-39
166	4	Steve	Hayward	O	50-59
167	1	Dinah	Hazeldine	F	60-69
168	3	daniel	herbert	O	20-39
169	1	Rhiannon	Rowe	F	17-19
170	4	John	Hewson	O	40-49
171	4	John	Hiddlestone	O	50-59
172	3	Andrew	Hill	O	20-39
173	3	Tim	Hinchey	O	20-39
174	3	Jamie	Hitchings	O	20-39
175	2	Penny	Holborn	F	20-39
176	4	Brian	Hosty	O	40-49
177	1	Albert	Howe	O	17-19
178	4	Julian	Howe	O	50-59
179	1	Iggy	Howe	O	15-16
180	2	Rachel	Huggins	F	20-39
181	4	Simon	Hughes	O	40-49
182	1	David	Hunter	O	60-69
183	2	Wendy	Hurst	F	40-49
184	3	Lee	Jackson	O	20-39
185	1	Owain	James	O	17-19
186	4	Ian	James	O	40-49
187	4	Roy	James	O	50-59
188	4	Ryan	James	O	50-59
189	2	Kimberlee	James	F	20-39
190	3	STEFAN	JAMES	O	20-39
191	3	William	James	O	20-39

192	1	Maisie	James	F	15-16
193	2	Nichola	James	F	50-59
194	1	Dafyd	Jay	O	20-39
195	2	Emma	Jenkins	F	50-59
196	1	Millie	Jenkins	F	15-16
197	3	Ben	Jenkins	O	20-39
198	2	Cerys	John	F	20-39
199	4	Conrad	John	O	50-59
200	2	Ffion	Jones	F	20-39
201	4	Steven	Jones	O	50-59
202	2	Linsey	Jones	F	20-39
203	4	Tom	Jones	O	40-49
204	2	Carol	Jones	F	40-49
205	3	Richard	Jones	O	20-39
206	1	Nicola	jones	F	60-69
207	4	Carwyn	Jones	O	50-59
208	4	Rhys	Jones	O	40-49
209	2	julia	jones	F	50-59
210	2	Sandra	Jones	F	40-49
211	4	Karl	Jones	O	50-59
212	1	Peter	Jones	O	60-69
213	1	Debs M	Jones	F	60-69
214	3	Sarah	Jones	O	20-39
215	4	damien	jones	O	40-49
216	1	Megan	Jones	O	17-19
217	3	Rhys	Jones	O	20-39
218	1	Carys	Jones	F	20-39
219	3	Sean	Jones	O	20-39
220	4	Marc	Jones	O	40-49
221	3	Ben	Jones	O	20-39
222	4	Mark	Jones	O	40-49
223	3	Rhys	Jones	O	20-39
224	2	Elin	Jones	F	20-39
225	1	Dylan Gwyn	Jones	O	60-69
226	2	Emma	Jones	F	50-59
227	1	Bethan	Jones	F	20-39
228	2	Polly	Kaliski Wiseman	F	20-39
229	2	Kathleen	Kear	F	40-49
230	4	Craig	Kearney	O	40-49
231	2	Claire	Kearney	F	40-49
232	2	Laura	Kerswell	F	20-39
233	4	brian	kilsby	O	50-59
234	3	Ross	Kirby	O	20-39
235	4	Martin	Kitchener	O	50-59
236	4	Cem	Kosaner	O	40-49
237	3	Joshua	Kyte	O	20-39
238	2	Katie	Langford	F	20-39
239	3	Michael	Launder	O	20-39

240	4	Steve	Lawrence	O	50-59
241	4	Spencer	Lawrence	O	40-49
242	3	Jack	Lawthom	O	20-39
243	3	Gwyndaf	Lewis	O	20-39
244	3	Richard	Lewis	O	20-39
245	2	Beverley	Lewis	F	50-59
246	4	Owain	Lewis-Strange	O	40-49
247	4	Chris	Lloyd	O	50-59
248	4	Neil	Maliphant	O	40-49
249	1	Charlie	Malpas	O	15-16
250	1	Maddie	Malpas	F	17-19
251	4	Gerwyn	Malpas	O	40-49
252	1	James	Manson	O	40-49
253	1	Catherine	Marks	F	40-49
254	2	Bethan	Marks	F	40-49
255	1	Lucy	Marland	F	20-39
256	3	Luke	Marshall	O	20-39
257	1	Harrison	Martin	O	17-19
258	4	Steven	Martin	O	40-49
259	4	Jason	Massey	O	40-49
260	4	Gair	Mcadie	O	40-49
261	1	Imogen	McAdie	F	15-16
262	3	Patrick	McDowell	O	20-39
263	3	Cavan	McGill	O	20-39
264	4	James	Moore	O	50-59
265	3	Huw	Morgan	O	20-39
266	2	Phillipa	Morgan	F	50-59
267	1	Joshua	Morgan	O	17-19
268	3	Adam	Morgan	O	20-39
269	1	Jaden	Morgan	O	17-19
270	1	Edward	Morgan	O	60-69
271	3	Dafydd	Morgan	O	20-39
272	4	Andrew	Morgan	O	40-49
273	2	Kirsty	Morgan	F	20-39
274	4	Ricki	Morgan	O	40-49
275	1	Guto	Morgans	O	20-39
276	4	Rhodri	Morris	O	40-49
277	4	John	Morris	O	50-59
278	1	Andrew	Morris	O	60-69
279	4	Benjamin	Morris	O	40-49
280	4	Benjamin	Morris	O	40-49
281	3	Dafydd	Morris	O	20-39
282	3	Daniel	Morris	O	20-39
283	2	Helen	Munro	F	40-49
284	3	Matthew	Murphy	O	20-39
285	4	Huw	Neale	O	40-49
286	4	John	NORGROVE	O	40-49
287	1	Karen	OBrien	F	60-69

288	1	Simon	OBrien	O	60-69
289	3	Alex	O'Brien	O	20-39
290	1	Poppy	Otteson	F	17-19
291	4	Dewi	Owen	O	40-49
292	1	Mark	Owen	O	60-69
293	4	Rebecca	Owen	O	40-49
294	2	Becky	Owen	F	20-39
295	2	Emma	Palfrey	F	40-49
296	1	Sam	Palmer	O	40-49
297	2	Rachael	Parkinson	F	40-49
298	4	Jeff	Partridge	O	50-59
299	1	Sean	Petty	O	17-19
300	2	Kim	Phelps	F	40-49
301	4	Simon	Phillips	O	40-49
302	1	Gary	Phillips	O	60-69
303	3	Sam	Phillips	O	20-39
304	2	Denise	Phillips	F	50-59
305	2	Sian	Phillips	F	50-59
306	3	Jack	Phillips	O	20-39
307	4	Paul	Plaskitt	O	50-59
308	4	Steve	Plumb	O	40-49
309	3	Dafydd	Poole	O	20-39
310	2	CATRIN	POOLE	F	20-39
311	3	Dean	Popperwell	O	20-39
312	4	Alan	Porter	O	50-59
313	2	Nicola	Powell	F	40-49
314	1	Evan	Powell	O	15-16
315	4	Stephen	Power	O	50-59
316	1	Johnathan	price	O	17-19
317	2	Abi	Price	F	20-39
318	1	Vince	Price	O	60-69
319	4	Adrian	Price	O	40-49
320	1	Arianna	Protheroe	F	15-16
321	1	Steve	Pryke	O	60-69
322	2	Ceri	Puckett	F	40-49
323	1	Ben	Raymond	O	17-19
324	4	Steven	Rees	O	50-59
325	4	Alun	Rees	O	40-49
326	4	Sion	Rees	O	50-59
327	4	Gareth	Rees	O	40-49
328	4	Gareth	Rees	O	40-49
329	2	Kelly	Rees	F	20-39
330	2	Ceri	Rees-Coe	F	50-59
331	1	Clara	Rhodes	F	15-16
332	3	Sion	Richards	O	20-39
333	2	Wayne	Richards	O	70-79
334	2	Kathryn	Richards	F	50-59
335	3	Dylan	Rigby	O	20-39

336	4	Kirk	Riordan	O	50-59
337	4	Christopher	Roberts	O	40-49
338	4	James	Roberts	O	40-49
339	3	Llyr	Roberts	O	20-39
340	2	Julie	Roche	F	50-59
341	4	Jeremy	Rowe	O	50-59
342	2	Kelly	Rowe	F	40-49
343	2	Angharad	Rowe	F	50-59
344	1	Sion	Rowlands	O	15-16
345	4	Simon	Roxburgh	O	50-59
346	3	Scott	Ruse	O	20-39
347	2	Jane	Ryall	F	50-59
348	3	Daniel	Salkeld	O	20-39
349	2	Emer	Sandham	F	40-49
350	3	Sam	Saunders	O	20-39
351	2	anita	saycell	F	40-49
352	3	Will	Scannell	O	20-39
353	3	John	Seaward	O	20-39
354	4	Stephen	Short	O	40-49
355	1	Oliver	Simon	O	40-49
356	4	Dafydd	Sion	O	40-49
357	3	Lewis	Sizer	O	20-39
358	3	Morgan	Slate	O	20-39
359	4	Richard	Smith	O	40-49
360	1	Christina	Smith	F	60-69
361	2	Leanne	Smith	F	50-59
362	4	David	Smith	O	40-49
363	2	Alyson	Smith	F	50-59
364	4	Richard	Smy	O	40-49
365	2	elizabeth	Soulsby	F	50-59
366	2	Beverley	Spear	F	40-49
367	4	Kenneth	Speirs	O	40-49
368	1	Linda	Spillane	F	70-79
369	3	Jack	Stannard	O	20-39
370	4	Paul	Stone	O	50-59
371	2	Natasha	Street	F	20-39
372	2	Joni	Stubbs-thrush	F	40-49
373	2	Michael	Sturgess	Relay	20-39
374	3	Andy	Summersby	O	20-39
375	2	Rebecca	Swainson	F	20-39
376	3	Alexander	Swift	O	20-39
377	2	Rebecca	Sykes	F	20-39
378	2	Kim	Talbot	F	20-39
379	1	Keith	Tannetta	O	60-69
380	2	Holly	Thacker	F	20-39
381	4	Andrew	Thomas	O	50-59
382	4	Dave	Thomas	O	50-59
383	4	Gareth	Thomas	O	40-49

384	1	Katie	Thomas	F	20-39
385	2	Angela	Thomas	F	40-49
386	1	Nicola	Thomas	F	60-69
387	4	Darrell	Thomas	O	40-49
388	1	ALED	THOMAS	O	20-39
389	2	naomi	thomas	F	50-59
390	4	Michael	Thomas	O	40-49
391	4	Gavin	Thomas	O	40-49
392	3	Matt	Thompson	O	20-39
393	2	Robert	Thomson	O	70-79
394	1	Llyr	Tiplady	O	20-39
395	3	Daniel	Totterdale	O	20-39
396	3	Nathan	Trowbridge	O	20-39
397	1	Leo	Tytler	O	15-16
398	4	Darren	Vaughan	O	40-49
399	1	Colin Richard	Wallace	O	60-69
400	2	Rebecca	Walters	Relay	20-39
401	3	Brad	Ward	O	20-39
402	3	Joshua	Ware-Andrews	O	20-39
403	2	Stephanie	Waring	F	50-59
404	1	Ian	Warne	O	60-69
405	3	Lewis	Wasley	O	20-39
406	3	Daniel	Watkin	O	20-39
407	2	Kellie	Watters	F	40-49
408	4	Gavin	Wedlake	O	40-49
409	1	Dan	Whaites	O	20-39
410	3	Euan	Wheel	O	20-39
411	1	Kevin	Wheeler	O	60-69
412	2	Emma	Wheeler	F	50-59
413	1	Martyn	White	O	60-69
414	4	Gavin	Wilkins	O	40-49
415	3	Liam	Williams	O	20-39
416	3	Kieran	Williams	O	20-39
417	2	Bethan	Williams	F	20-39
418	4	Huw	Williams	O	40-49
419	3	Llyr	Williams	O	20-39
420	2	Emilia	Williams	F	20-39
421	2	Joy	Williams	F	50-59
422	2	Elizabeth	Williams	F	50-59
423	2	Jo-Anne	Williams	F	40-49
424	4	Shane	Williams	O	40-49
425	1	Iestyn	Williams	O	17-19
426	1	Caryl	Williams	F	40-49
427	3	Joseph	Williams	O	20-39
428	3	Llion	Williams	O	20-39
429	3	Henri	Williams	O	20-39
430	1	Iestyn	Williams	O	17-19
431	3	Ryan	Williams	O	20-39

432	2	Suzanne	Williams	F	50-59
433	4	David	Williams	O	50-59
434	2	Ffion	Williams	F	20-39
435	2	Gareth	Williams	Relay	40-49
436	4	David	Williams	O	50-59
437	2	Ffion	Williams	F	20-39
438	1	Morgan	Willis	O	17-19
439	3	Andrew	Wilson	O	20-39
440	1	Anthony	Wilson	O	60-69
441	3	Michael	Wood	O	20-39
442	3	Gareth	Yeoman	O	20-39
443	2	Rachel	Young	F	20-39
444	2	Steven	Young	Relay	20-39
445	4	Richard	Zielinski	O	50-59

Club
Caerphilly Tri-ers
Mount Kelly
Merthyr Triathlon Club
Merthyr Triathlon Club
NEWT - Newport and East Wales Triathlon
Swansea Vale Tri
Celtic Tri
North Dock Dredgers Tri
Pembrokeshire Triathlon Club
Pembrokeshire Triathlon Club
Newport Under 18 Triathletes
Pembrokeshire Triathlon Club
Cardiff Triathletes
Ferndale Triathlon Club
Swansea vale Tri
NEWT - Newport and East Wales Triathlon
GOG Triathlon
Pen-Y-Bont Triathlon Club
Carmarthen Triathlon Club
Carmarthen Triathlon Club
Tri Potential
Port Talbot Harriers
Tri-Monkey
Rhondda Triathlon Club
Tri Potential
North Dock Dredgers Tri

North Dock Dredgers Tri
Tri Potential
Warrington Triathlon Club
North Dock Dredgers Tri
Swansea Vale Tri
Celtic Tri
Swansea Vale Tri
Celtic Tri
TEAM NFT
Swansea Vale Tri
Pembrokeshire Triathlon Club
Cardiff Triathletes
Celtic Tri
Leeds And Bradford Triathlon Club
NEWT - Newport and East Wales Triathlon
Cardiff Triathletes
Pembrokeshire Triathlon Club
Ferry Flatliners
Sosban Road Runners
North Dock Dredgers Tri
ATAC
Ferry Flatliners
Top Step Triathlon
Ferry Flatliners
Rhondda Triathlon Club
Tri Potential
NEWT - Newport and East Wales Triathlon
Carmarthen Triathlon Club
Celtic Tri
Valley Avengers Triathlon
Cardiff Junior Triathlon Club
Team Watt
Carmarthen Triathlon Club
TEAM NFT
Carmarthen Triathlon Club

TROTS St Clears
North Dock Dredgers Tri
Maesteg Triathlon Club (Wolfpack)
IRONTRISWIM
Manchester Triathlon Club
Heathwood Triathlon
Cardiff Triathletes
NEWT - Newport and East Wales Triathlon
NEWT - Newport and East Wales Triathlon
Swansea TriSharks
NEWT - Newport and East Wales Triathlon
Cardiff Triathletes
NEWT - Newport and East Wales Triathlon
Peak Performance Triathlon Club
Tenby Penguins Open Water S.C.
Tri Potential
Cardiff Triathletes
Team Watt
Clwb Seiclo Cwm Gwendraeth
Swansea Vale Tri
Carmarthen Triathlon Club
Tenby Penguins Open Water S.C.
Carmarthen Triathlon Club
Celtic Tri
Celtic Tri
West Wales Fitness Coaching
Celtic Tri
Mount Kelly
Swansea Vale Tri
Taff Ely Triathlon Club
Pembrokeshire Triathlon Club
Cardiff Triathletes
DC TRIATHLON
North Dock Dredgers Tri

Pembrokeshire Triathlon Club
NEWT - Newport and East Wales Triathlon
Rhondda Triathlon Club
NEWT - Newport and East Wales Triathlon
Carmarthen Triathlon Club
Propel Next Generation
Celtic Tri
NEWT - Newport and East Wales Triathlon
Tri Potential
North Dock Dredgers Tri
Clwb Seiclo Cwm Gwendraeth
CRP Tri Club
Swansea Vale Tri
Caerphilly Tri-ers
Portsmouth Triathletes
Celtic Tri
GOG Triathlon
Celtic Tri
Swansea Vale Tri
North Dock Dredgers Tri
North Dock Dredgers Tri
Swansea Vale Tri
Caerphilly Tri-ers
Newport Under 18 Triathletes
Newport Under 18 Triathletes
Celtic Tri
Dragon Tri
Tri Potential
Celtic Tri
CLWB TRI-2-1
Peak performance wales

Celtic Tri
Torfaen Dolphins Triathlon Club
Cardiff Triathletes
Celtic Tri
Swansea Vale Tri
Taff Ely Triathlon Club
Celtic Tri
Bynea Cycling Club
North Dock Dredgers Tri
Cardiff Triathletes
Pembrokeshire Triathlon Club
Rhondda Triathlon Club
North Dock Dredgers Tri
Celtic Tri
Peak Performance Gary Howells
North Dock Dredgers Tri
GOG Triathlon
Northdock dredgers
Cardiff Triathletes
Swansea Vale Tri
Cardiff Triathletes
West Wales Fitness Coaching
Pen-Y-Bont Triathlon Club
Celtic Tri
Tri Potential
North Dock Dredgers Tri
North Dock Dredgers Tri
Sarn Helen Tri
White Rock Triathletes
Rhondda Triathlon Club
Port Talbot Harriers

North Dock Dredgers Tri
Swansea Vale Tri
Rhondda Triathlon Club
Tri Potential
DC TRIATHLON
Cardiff Triathletes
Swansea Vale Tri
Clwb Seiclo Cwm Gwendraeth
Taff Ely Triathlon Club
Taff Ely Triathlon Club
Taff Ely Triathlon Club
Cardiff Triathletes
Pembrokeshire Triathlon Club
Celtic Tri
Rhondda Triathlon Club
MedwayTri
IRONTRISWIM
ASR
Tri Potential
Carmarthen Triathlon Club
NEWT - Newport and East Wales Triathlon
RAF Triathlon
North Dock Dredgers Tri
Taff Ely Triathlon Club
Cardiff Triathletes
NEWT - Newport and East Wales Triathlon
Tenby Aces / Team NBCC
Top Step Triathlon
Cardiff Triathletes
DC TRIATHLON
DC TRIATHLON
Rhondda Triathlon Club
Tenby Aces CC
North Dock Dredgers Tri
Cardiff Triathletes
Carmarthen Triathlon Club

Celtic Tri
North Dock Dredgers Tri
NEWT - Newport and East Wales Triathlon
Port Talbot Harriers
CAFFI GRUFF
CRP Tri Club
Bynea Cycling Club
Bynea Cycling Club
Porthcawl Triathlon Club
Pembrokeshire Triathlon Club
Porthcawl Triathlon Club
Carmarthen Triathlon Club
North Dock Dredgers Tri
Porthcawl Triathlon Club
Port Talbot Harriers
North Dock Dredgers Tri
Carmarthen Triathlon Club
Peak performance wales
Peak Performance Wales
Taff Ely Triathlon Club
Celtic Tri
Celtic Tri
Propel next generation
Pembrokeshire Triathlon Club
Dragon Tri
CAFFI GRUFF
Bynea Cycling Club
Pembrokeshire Triathlon Club
Cardiff Triathletes
Carmarthen Triathlon Club
ATAC
Carmarthen Triathlon Club
Clwb Seiclo Cwm Gwendraeth
Celtic Tri
North Dock Dredgers Tri
Newport Under 18 Triathletes
Swansea TriSharks
NEWT - Newport and East Wales Triathlon

North Dock Dredgers Tri
Celtic Tri
Carmarthen Triathlon Club
Cardiff Triathletes
Merthyr Triathlon Club
Celtic Tri
Carmarthen Triathlon Club
GOG Triathlon
Swansea Vale Tri
Clwb Seiclo Llanyddyfri
GOG Triathlon
North Dock Dredgers Tri
Ystwyth CC
Caerphilly Tri-ers
North Dock Dredgers Tri
ATAC
North Dock Dredgers Tri
Celtic Tri
Celtic Tri
North Dock Dredgers Tri
Caerphilly Tri-ers
Taff Ely Triathlon Club
Carmarthen Triathlon Club
NEWT - Newport and East Wales Triathlon
Carmarthen Triathlon Club
GOG Triathlon
Celtic Tri
Carmarthen Triathlon Club
Tri Potential
Carmarthen Triathlon Club
Cardiff Triathletes
North Dock Dredgers Tri

Cardiff Triathletes
North Dock Dredgers Tri
Celtic Tri
Swansea Vale Tri
Celtic Tri
ATAC
North Dock Dredgers Tri
Bynea Cycling Club
Tri Potential
Pembrokeshire Triathlon Club
Aberavon Sand Rabbits
Merthyr Triathlon Club
Celtic Tri
Ferndale Triathlon Club
Tenby Aces CC
Tenby Aces CC
Celtic Tri
North Endurance - Triathlon & Run Coaching
Cardiff Triathletes
NEWT - Newport and East Wales Triathlon
Swansea Vale Tri
Pembrokeshire Triathlon Club
ATAC
North Dock Dredgers Tri
Carmarthen Triathlon Club
Tri Potential
Clwb Seiclo Cwm Gwendraeth
DC TRIATHLON
Celtic Tri
Pembrokeshire Triathlon Club
Pembrokeshire Triathlon Club
Celtic Tri
Tri Potential
Swansea Vale Tri
Carmarthen Triathlon Club
Celtic Tri
Merthyr Triathlon Club

NEWT - Newport and East Wales Triathlon
Celtic Tri
Port Talbot Harriers
Celtic Tri
Port Talbot Harriers
Cardiff Triathletes
Swansea Vale Tri
Prison Service Triathlon Club
NEWT - Newport and East Wales Triathlon